

Settlement Summary

Generated May 6, 2026

BetterHelp Refunds

BetterHelp

ESTIMATED PAYOUT

Up to \$0

FILING DEADLINE

—

PROOF REQUIRED

No — Easy Filing

About This Settlement

The administrator is sending a second round of payments to eligible BetterHelp customers. The administrator first sent payments in June 2024, which resulted in nearly \$5.2 million in refunds. Because there is still money in the fund, the administrator is sending payments totaling over \$2.6 million to more than 534,000 people who accepted their first payment.

Who Is Eligible?

People are eligible for a payment if they signed up and paid for services from a BetterHelp website between August 1, 2017, and December 31, 2020. BetterHelp offered online counseling through several websites, including: BetterHelp, MyTherapist, Teen Counseling, Faithful Counseling, Pride Counseling, iCounseling, Regain, and Terapeuta, which are all included in the refund program.

How to File a Claim

1. Visit: <https://www.settlementradar.com/settlements/ftc-betterhelp-refunds>
2. No proof required — just provide your name and contact information
3. Complete the official claim form at the settlement administrator's website
4. File as soon as possible to secure your spot

Settlement Details

Settlement Name	BetterHelp Refunds
Company / Defendant	BetterHelp
Category	Consumer
Total Fund	Not disclosed
Case Number	—
Court / Jurisdiction	—
Settlement Administrator	—
Filing Status	Open — Accepting Claims

Official Links: <https://www.ftc.gov/enforcement/refunds/betterhelp-refunds>

Settlement Administrator: <https://www.ftc.gov/enforcement/refunds/betterhelp-refunds>

SettlementRadar Page: <https://www.settlementradar.com/settlements/ftc-betterhelp-refunds>

File Your Claim at SettlementRadar

<https://www.settlementradar.com/settlements/ftc-betterhelp-refunds>